Compressing inverse lyotropic systems: Structural behavior and energetics of dioleoyl phosphatidyl ethanolamine

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The pressure effects on the stability and energetics of lipid phases in the L- α -dioleoyl phosphatidyl ethanolamine (DOPE)-water system are presented. Using synchrotron diffraction experiments, performed at a wide range of concentrations, pressure-induced transitions from the inverse hexagonal ($H_{\rm II}$) to the lamellar L_{α} phase and from the L_{α} to the lamellar L_{β} phase are demonstrated. Moreover, in the most dehydrated samples an intermediate phase is found between the $H_{\rm H}$ and the L_{α} phases, confirming that the lamellar-to-nonlamellar phase transition occurs through key intermediate structures. Simple molecular packing arguments lead to an interpretation of the phase behavior: in fact, pressure induces a progressive stiffening of the DOPE hydrocarbon chains and a reduction of the cross-sectional area. Because pressure is more effective in reducing the cross-sectional area near the terminal methyl groups than at the water-lipid interface, the curvature of that interface in the $H_{\rm II}$ phase is reduced during compression. The work of isothermal compression was then obtained and analyzed in terms of the elastic energetic contributions that should stabilize the DOPE phases during compression. As a result, we observe that the isothermal lateral compression modulus is almost independent of concentration, but it increases as a function of pressure, suggesting that the DOPE repulsion becomes very strong while the whole lipid shape becomes more cylindrical. On the other hand, the bending rigidity is observed to decrease with increasing pressure, while the spontaneous curvature becomes less negative. This suggests that the chain repulsion becomes relatively weaker, and thus less efficient in balancing the torque of head-group repulsion, as the order parameter increases.

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INTRODUCTION

In addition to the obvious biotechnological (e.g., food processing [1]) and physiological (e.g., marine biotopes [2]) interest in analyzing the biological properties of lipid systems at high pressure, there is general physicochemical interest in using pressure as a thermodynamic variable for determining the structural properties and stability of lipidic mesophases (including model membranes) [3,4]. Several (in some cases unusual) features have in fact been observed. During compression, lipids adapt to volume restriction by changing their conformation and packing: since a delicate balance of competing energetic contributions is involved in stabilization of lipidic phases, such small changes in conformation determine large structural transformations. It has been observed that pressure induces lamellar-to-gel phase transitions in pure phosphatidylcholine-water dispersions [5], an inverse hexagonal-to-lamellar phase transition in dioleylphosphatidylethanolamine–water dispersions [6,7], and cubic-to-cubic and cubic-to-lamellar phase transitions in the monoolein-water system [8-10]. Moreover, it has also been observed that transition temperatures related to nonlamellar phases are very sensitive to pressure [3,4,7-11].

Concerning the structural parameters, a striking feature seems to characterize inverse nonlamellar phases: the unit cell compressibility is usually negative (i.e., under compression, the unit cell dimension increases) [7–12]. Moreover, in excess water, the increase in the lattice constant is larger than that observed in less hydrated conditions, suggesting that a

change in the hydration level should be associated with a variation of the basic geometrical shape of the lipid molecule [7,8,10]. As a consequence, the pressure-induced phase behavior appears strongly dependent on hydration: in monoolein, the Pn3m bicontinuous cubic phase transforms into a lamellar phase during compression in excess of water, while a bicontinuous Ia3d cubic structure forms from the Pn3m phase in less hydrated conditions [10]. This finding further confirms the general hypothesis that the Ia3d phase never forms as an equilibrium excess water phase for any single-component system, and also underlines that the presence of water in excess makes an interesting and complex system in a lyotropic dispersion.

As recently demonstrated, the energetics and stability of lipidic phases can also be derived from high-pressure measurements [9–11]. In particular, in the monoolein-water system, the absence of a pivotal surface in the Pn3m bicontinuous cubic phase was considered to be an indication that the lipid-water interface is bending and stretching simultaneously as a function of pressure [10]. Using a simple free energy model based on curvature elastic contributions, it was shown that in monoolein the spontaneous curvature H_0 tends to zero when the pressure increases, while the ratio between the monolayer saddle splay modulus and the monolayer splay modulus k_G/k increases up to unity. Moreover, it was derived that the curvature elastic energy is reduced progressively as a function of pressure, indicating that in these conditions the curvature elasticity does not dominate the total free energy. Therefore, analysis of the concentration-pressure phase behavior can help to disentangle different free energy contributions in the theoretical model for lipidic phases.

Phosphatidylethanolamines have been the object of extensive studies, both at ambient and at high pressure, mainly because they exhibit stable or metastable lamellar-tononlamellar phase transitions [5,7,13–15]. In particular, at ambient pressure and room temperature, L- α -dioleoyl phosphatidyl ethanolamine (DOPE) forms an inverse hexagonal $H_{\rm II}$ phase, which is stable at all concentrations. On cooling, DOPE in excess of water forms a lamellar L_{α} phase at T_{h} $\approx 10 \,^{\circ}\text{C}$ and a lamellar L_{β} phase at $T_m \approx -6 \,^{\circ}\text{C}$ [14,15]. Under mechanical pressure, both transitions occur at higher temperatures [7]: in particular, pressure dependencies $dT_m/dP = 0.14$ °C/MPa (significantly lower than the 0.22 °C/MPa observed for saturated phospholipids [4]) and $dT_h/dP = 0.44 \,^{\circ}\text{C/MPa}$ have been reported [7]. Accordingly, structural studies on DOPE dispersed in excess of water showed that pressure forces a closer packing of the lipid chains, which results in a decreased number of gauche bonds and kinks in the chains [3]. At the H_{II} - L_{α} phase transition, high-pressure dilatometry also reveals changes in the specific volume [7]. In particular, the transition volume decreases as the pressure is increased: the volume changes involved in this topological transition are at least an order of magnitude smaller than the changes observed at the chain melting transition, suggesting that under compression large structural transformations follow small changes in overall volume [7].

Motivated by the fascinating structural properties of inverse lipidic phases under pressure [8,9] and by the absence of information on the pressure effects in dehydrated DOPE, we decided to investigate by x-ray diffraction the DOPEwater system over a large concentration range. The results confirmed a general finding for inverse phases [4,8,9]: the unit cell dimension increases during compression at all hydrations, even though the increase in the lattice size is remarkably smaller than that observed in excess water conditions [7]. In the less hydrated samples, we observed the occurrence of an intermediate phase at the $H_{\rm II}$ -to- L_{α} phase transition. Even though the phase identification was not possible, this observation is remarkable, because it confirms that the lamellar-to-nonlamellar phase transition occurs through key intermediate structures: in metastable conditions, a cubic structure has been suggested to arise from topological defects of the membrane surface [7,16,17]; in stable conditions, a stalk structure, similar to the commonly postulated interbilayer state that is crucial to membrane fusion, has recently been described [18,19]. A basic model for lipid compression was then derived: pressure increases the lipid chain order parameter, modifying the overall shape of the molecule and hence producing a decrease of the curvature of the polarapolar interface. We also show that information on the energetics of the system can be obtained by modeling the work of isothermal compression through different elastic energy contributions.

MATERIALS AND METHODS

L- α -dioleoylphosphatidylethanolamine was obtained from Sigma Chemical Co. (99% purity). The DOPE was dissolved

in chloroform and then the solvent was removed under vacuum. The lipid was then hydrated in 2 mM TES buffer (pH 7.3) in different concentrations and equilibrated for 24 h at 25 °C [14]. The final sample concentration ranges from c = 0.67 to 0.9, c being the weight fraction of lipid in the mixture. No water loss was detected before the hydrated lipids were mounted into the pressure cell. Moreover, after the x-ray scattering experiments, the water composition of each sample was checked again by gravimetric analysis. The difference between the nominal concentration and the one measured after the pressure cycle was detected to be within the limit of the experimental errors.

From the nominal composition, the sample lipid volume fraction $\phi_{\rm lip}$ was determined using

$$\phi_{\rm lip} = \frac{c}{c + (1 - c)(\nu_{\rm wat}/\nu_{\rm lip})},\tag{1}$$

where ν_{lip} and ν_{wat} are the specific volumes of DOPE and water, respectively. For high-pressure data, the volume concentrations were corrected considering the pressure dependence of the densities reported in Ref. [20] for water and by Gruner and co-workers for DOPE [7].

Diffraction experiments were performed at the ID02 beamline at the European Synchrotron Radiation Facility, ESRF, Grenoble (France), using a small-angle–wide-angle x-ray scattering (SAXS-WAXS) setup [21]. The wavelength of the incident beam was $\lambda = 0.1$ nm and the investigated Q range was from 0.25 to 5.5 nm⁻¹ ($Q = 4\pi \sin \theta/\lambda$, where 2θ is the scattering angle) on the SAXS detector and from 4.5 to 21 nm⁻¹ on the WAXS detector. For high-pressure measurements, a NovaSwiss pressure-control system was used. The pressure cell has two diamond windows (3.0 mm diameter and 1 mm thickness) and allows one to measure diffraction patterns at hydrostatic pressures up to 300 MPa.

X-ray diffraction measurements were performed at 25 °C for different pressures, from 0.1 to about 220 MPa, with steps of about 10 MPa. To avoid radiation damage, the exposure time was 0.2-1 s/frame, and a fast beam shutter was used to protect the sample from irradiation when data were not acquired. Particular attention has been devoted to checking for equilibrium conditions and to monitoring radiation damage: measurements were repeated several times (up to ten) at the same constant pressure to account for the stability in position and intensity of the Bragg peaks. Accordingly, a gentle compression of the sample, at a rate of 0.05-0.2 MPa/s, was sufficient to establish equilibrium conditions, including in the regions of phase coexistence. In all cases, once the pressure is stabilized (in a few minutes), measurements were repeated at least twice, with an interval of about 5 min. Because the scattering was isotropic, data corrected for background, detector inhomogeneities, and sample transmission were radially averaged.

In each experiment, a number of sharp reflections and a diffuse band were detected in the low- and wide-angle regions, respectively, and their spacings measured following the usual procedure [22]. SAXS profiles were indexed considering the different symmetry systems commonly observed in lipid phases [22,23]: the indexing problem was easy to



FIG. 1. Selected small-angle x-ray diffraction patterns measured at different pressures from DOPE samples at three concentrations. Pressures and concentrations and the peak indexing are reported. In the case of the intermediate phase, the symmetry is undetermined (see text).

solve, because samples showed two different series of lowangle Bragg reflections, which were indexed according to the one-dimensional lamellar symmetry (spacing ratios 1:2:3...) and to the two-dimensional hexagonal space group (spacing ratios 1: $\sqrt{3}$: $\sqrt{4}$: $\sqrt{7}$...). However, in the less hydrated conditions, a few extra peaks were observed at moderate pressures, indicating the presence of at least an intermediate phase: because of the small number of peaks (four, in the best cases), its symmetry remained undetermined. A possible indexing was obtained by considering the *Ia*3*d* cubic symmetry (spacing ratios $\sqrt{6}$: $\sqrt{8}$: $\sqrt{20}$: $\sqrt{22}$ [22]), but it has to be considered only tentative.

The dimension of the unit cell was then calculated from the peak positions. In the following, *a* indicates the dimension of the unit cell in the hexagonal (and cubic) phase and *d* that of the lamellar phase. In the wide-angle region, the diffuse band detected at all concentrations for pressures lower than about 200 MPa indicating the disordered (type α) nature of the lipid short-range conformation. However, at higher pressures, the WAXS profile showed the presence of a narrower band, which proved the occurrence of a fluid-gel transition (i.e., ordered β conformations of the DOPE chains).

RESULTS

The DOPE-water system was investigated at 25 °C on a range of concentrations from c=0.65 to 0.90. At each concentration, diffraction patterns were recorded from atmospheric pressure to 220 MPa. A few low-angle x-ray diffraction profiles obtained at different pressures for three different concentrations are reported in Fig. 1. At ambient pressure, the x-ray data confirm the presence of the $H_{\rm II}$ phase in the concentration range from full hydration to $c \approx 0.75$. As already reported [14], a lamellar phase forms at this concentration, while a pure hexagonal phase occurs again at c

>0.85. As a function of pressure, phase transitions are indicated by changes in the diffraction pattern. The pressureconcentration phase diagram derived from the diffraction data is then shown in Fig. 2.

The phase behavior can be described considering different concentration regimes. At high hydration ($c \le 0.8$), compression was observed first to determine the displacement of the $H_{\rm II}$ characteristic peaks to lower Q values (see Fig. 1) and then, at about 60–20 MPa (the value depends on concentration; see Fig. 2), to induce the decrease of their intensity and the appearance of a series of reflections that are characteristic of a lamellar phase. The hexagonal diffraction peaks were observed to completely disappear at 160–100 MPa (still in dependence on concentration; see Fig. 2). Because no changes were detected in the WAXS profile, the lamellar phase was inferred to be L_{α} . On further compressing the samples, no more changes in the L_{α} peak intensity were detected, even if their spacing moves toward lower Q values.



FIG. 2. Pressure- and concentration-dependent phase diagram of DOPE. Bars account for the experimentally measured extension of the two-phase regions. The intermediate phase is indicated as I.P., as its symmetry remains undetermined (see text).

At about 210 MPa, the formation of a lamellar L_{β} phase was detected, as demonstrated by the presence of a narrow band in the WAXS profile and by the appearance in the low-angle region of a second series of reflections that can be indexed considering a one-dimensional symmetry.

At intermediate concentrations $(0.85 \ge c \ge 0.80)$, the hexagonal and lamellar phases were observed to coexist in equilibrium already at atmospheric pressure. Under compression, the hexagonal phase was detected to disappear at about 80 MPa (see Fig. 2), while the L_{β} phase formed at 210 MPa.

At low hydration ($c \ge 0.85$), the structural behavior was different. At low pressure, a reentrant hexagonal phase was detected. At about 20-50 MPa (the value depends on concentration; see Fig. 2) a few additional reflections, which indicate the presence of at least an intermediate phase, were observed: the intermediate phase appeared to coexist with the hexagonal phase at the lower pressures, and with the lamellar L_{α} phase at the higher pressures. The system was biphasic up to about 180 MPa, and then only the lamellar L_{α} phase was detected. It should be noticed that the lattice symmetry of the intermediate phase cannot be assigned, as only four peaks have been observed in the best cases. Even if their spacing could indicate the presence of a cubic phase of Ia3dsymmetry, a stalk structure of rhombohedral symmetry (space group R3 [24]) has recently been described at the lamellar-to-nonlamellar phase transition [18]. Because no apparent relation between the two lattice constants in the stalk structure has been found [18,24], we cannot prove its presence by peak indexing, but it is highly possible that a similar structure also forms in the present case.

Some examples of the pressure dependence of the unit cell dimensions, measured in the different phases, are reported in Fig. 3 (for the sake of completeness, the unit cell dimensions shown for the intermediate phase have been calculated assuming the Ia3d cubic symmetry). As a general result, it can be observed that the lattice dimension increases as a function of pressure at all the investigated concentrations. The dependence is rather linear in the range where only one phase exists, while a quadratic dependence is clearly detected in the biphasic regions (this is particularly evident in the $H_{\rm II}$ phase). This behavior suggests that in the biphasic region a continuous compositional change occurs, perhaps due to changes in the DOPE hydration level. Because of the constant sample composition, the large variation detected in the hexagonal unit cell could be indicative of a larger water uptake in this phase.

A linear fit to the lattice dimensions measured on singlephase domains has been used to calculate the unit cell pressure dependence da/dP. From the results reported in Fig. 4, it can be observed that in the L_{α} phase the da/dP parameter is independent of concentration. Remarkably, the average value of 1.3 ± 0.2 nm GPa⁻¹ (i.e., 1.3 Å kbar⁻¹) is very similar to that observed in the lamellar phase of monoolein, 1.0 ± 0.1 nm GPa⁻¹ [9]. In the $H_{\rm II}$ phase, the average unit cell pressure dependence is 1.6 ± 0.5 nm GPa⁻¹, but a value of 3.4 ± 0.2 nm GPa⁻¹ was detected in the most hydrated sample (c = 0.678). Note that an increase of a by about 10 nm GPa⁻¹ was previously reported in excess of water [25]. As suggested by Gruner and co-workers [25] and as already



FIG. 3. Pressure dependence of the unit cell dimension of the hexagonal $H_{\rm II}$ and lamellar L_{α} phases in DOPE samples at different compositions. For the sake of completeness, the pressure dependence of the cell dimension of the intermediate phase, calculated assuming *Ia3d* cubic symmetry, is also reported. The lattice parameter variations per unit pressure (da/dP) are also indicated.

reported for the monoolein system [10], this effect can be primarily ascribed to the transfer of water from the coexisting excess bulk water to the lipidic phase, due to pressureinduced changes in the lipid hydration level.

The pressure effects on the DOPE molecule were then derived by calculating the structural parameters (e.g., the lipid length, the area per molecule, and the interface curvature) in the hexagonal and lamellar phases. Following the original method introduced by Luzzati [23], the DOPE phases were divided into lipid and aqueous compartments. It is evident that the calculated dimensions depend both on the



FIG. 4. Concentration dependence of the lattice parameter variation per unit pressure da/dP measured in the single-phase domains of the hexagonal $H_{\rm II}$ and lamellar L_{α} phases of DOPE. Lines are guides to the eye.

densities of the components and on the assumption of linear addition of their bulk specific volumes. In the present calculations, we used specific volumes determined at different pressures: in particular, water densities were taken from Ref. [20], while DOPE specific volumes refer to data measured by high-pressure dilatometry [7].

In the hexagonal phase, the radius of the water cylinder, R_{wat} , the curvature of the monolayer at the lipid/water interface, H, and the area occupied by one DOPE molecule at the same interface, S_{lip} , can be determined as follows:

$$R_{\rm wat} = \sqrt{a^2 (1 - \phi_{\rm lip}) \sqrt{3} / (2\pi)},$$
 (2)

$$H = 1/(-R_{\rm wat}),$$
 (3)

and

$$S_{\rm lip} = 2 \pi R_{\rm wat} \frac{2 V_{\rm lip}}{a^2 \phi_{\rm lip} \sqrt{3}}.$$
 (4)

In Eq. (4), V_{lip} is the DOPE molecular volume (V_{lip} $= 1.21 \text{ nm}^3$ at ambient pressure). It should be noticed that just adjusting the value of the radial distance in Eqs. (3) and (4) (R_i instead of R_{wat}), the curvature and the cross-sectional area can be determined at any position along the lipid chain $(H_i \text{ and } S_i \text{ instead of } H \text{ and } S_{\text{lip}} \text{ in the equations})$. Note also that the sign of the curvature is taken to be negative when the lipid head-group surface bends toward the aqueous phase; this means that the cross-sectional area per lipid increases from the head to the tail, reducing to zero at the center of the water channel. According to Marsh [26], no unique length for the lipid molecule in the $H_{\rm II}$ phase exists, due to the packing constraints of the hexagonal lattice which alter the cylindrical symmetry of the hydrocarbon chain region. The lipid length ranges from a minimum value $l_{\min} = (a/2)$ $-R_{\rm wat}$, measured along the direction joining the centers of the cylinders, to a maximum value $l_{\text{max}} = (a/\sqrt{3}) - R_{\text{wat}}$, which is measured along a line at an angle 30° to the intercylinder axis (see Fig. 1 in [26]). A characteristic lipid length l_{eq} can, however, be defined for an equivalent cylinder (of inner radius R_{wat}), in which the total lipid volume is equal to that in the H_{II} phase:

$$L_{\rm eq} = \frac{a}{\sqrt{2\pi/\sqrt{3}}} - R_{\rm wat}.$$
 (5)

In the lamellar phase, the molecular parameters can be obtained by using [23]

$$S_{\rm lip} = 2V_{\rm lip} / (d\phi_{\rm lip}) \tag{6}$$

and

$$l = (d\phi_{\rm lip})/2. \tag{7}$$

Figure 5 shows the pressure dependence of the molecular parameters for two DOPE samples, one at low (c = 0.88) and the other at high (c = 0.687) hydration levels. Note that in the calculation the phase composition in the biphasic region has been considered equal to the sample nominal composition. From the results, it can be easily deduced that the increase of the unit cell during compression clearly involves a change in the DOPE molecular conformation. As a function of pressure, the lipid chain length increases, while the molecular area at the lipid-water interface decreases. As a consequence, in the hexagonal phase the curvature of the lipid-water interface is reduced as a function of pressure, while in the lamellar phase the lipid layer thickness increases.

In the hexagonal phase, two points have been carefully examined: (i) the lateral DOPE compressibility and (ii) the presence of a pivotal surface. As previously reported [9], the pressure derivative of the molecular cross-sectional area, S_i , calculated at different positions along the lipid molecular axis [see Eq. (4)], gives a sort of lateral compressibility of the molecule as a function of the distance from the water-lipid interface. The dS_i/dP have been calculated at different concentrations and the results for three different samples are reported in Fig. 6. It can be clearly seen that, at all concentrations, pressure is more effective in reducing the lateral cross section of DOPE near its terminal methyl group than it is at the water/lipid interface.

The second point concerns the determination of the pivotal surface, which defines that position along the phospholipid molecule at which there is little change in molecular cross-sectional area during swelling [13]. On the basis of geometrical models, Templer and co-workers [12] derived equations relating the lattice parameter to the water volume fraction in terms of the pivotal surface characteristics. In the $H_{\rm II}$ phase, the interfacial geometry has been set to be cylindrical and the corresponding equations read

$$a = \frac{2}{\phi_{\rm lip}(S_n/V_{\rm lip})} \sqrt{(2\pi/\sqrt{3})[1 - (V_n/V_{\rm lip})\phi_{\rm lip}]}$$
(8)

and

$$R_n = \sqrt{(V_n/S_n)^2 + \sqrt{3}a^2/2\pi} - V_n/S_n, \qquad (9)$$



FIG. 5. Pressure dependence of the structural parameters calculated for the hexagonal $H_{\rm II}$ and lamellar L_{α} phases of DOPE at two different concentrations. From the top: lipid monolayer thickness $[l_{\rm eq}$ in the case of the hexagonal phase, Eq. (5), and *l* for the lamellar phase, Eq. (7)]; area per molecule at the lipid-water interface $[S_{\rm lip};$ see Eqs. (4) and (6) for the hexagonal and lamellar phases, respectively]; monolayer curvature. Open and filled symbols refer to c=0.687 and 0.88, respectively.

where S_n is the molecular area at the pivotal plane, V_n is the molecular volume between the pivotal plane and the end of the lipid chain, and R_n is the radial distance from the pivotal surface to the center of the water channel (then $H_n = -1/R_n$).

The pivotal surface characteristics were obtained at different pressures by fitting the concentration dependence of the hexagonal unit cell by Eq. (8). A few examples of the fitting procedure are reported in Fig. 7: it appears that the pivotal surface exists at each considered pressure, but the worsening of the fit as the pressure increases suggest the relevance of the contribution of packing stresses at high pressures. This is an important point, because in monoolein the existence of a pivotal surface has been proved only in the Ia3d phase at ambient pressure and low hydration level [10]. In that case, the fit to high-pressure data was very far from being satis-



FIG. 6. Variation of the cross-sectional area per unit pressure change, dS_i/dP , measured in the DOPE hexagonal $H_{\rm II}$ phase at different distances from the water-lipid interface. Data refer to three different concentrations, as indicated.

factory, suggesting that at high pressures the interface is bending and stretching simultaneously.

Figure 8 shows the pressure dependence of the fitted S_n ; in the same figure, the corresponding R_n , calculated at different (constant) pressures using Eq. (9), are also reported as a function of composition. It can be clearly seen that the molecular area at the pivotal plane decreases during compression. Moreover, the distance of the pivotal plane from the center of the water channel decreases as a function of pressure, while the radius of the water channel increases (the curvature of the lipid/water interface is reduced; see Fig. 5). Even though the data at atmospheric pressure are in full agreement with those reported by Rand and co-workers (in fully hydrated conditions they found $R_n = 3.0$ nm and S_n $=0.75 \text{ nm}^2$) [13], during dehydration by osmotic stress both R_n and R_{wat} were observed to decrease. This suggests that on compression the DOPE molecules undergo a complex shape deformation. To visualize all the changes occurring as a function of pressure, a schematic, scaled representation of the dimensions of the structural elements is reported in Fig. 9. This aspect is further discussed below.

DISCUSSION

Pressure strongly affects the DOPE-water phase stability, inducing a number of phase transitions. In close relation to the concentration-temperature phase diagram, which shows a reentrant hexagonal phase at high concentrations, the pressure-induced phase behavior at high and low DOPE hydrations is distinctly different. At high hydration, the hexagonal phase transforms into a lamellar L_{α} phase: the transition pressure is reduced on increasing the DOPE concentration, so that at intermediate concentration, 5–10 MPa are sufficient to induce the H_{II} - L_{α} phase transition. On the other hand, by compressing the reentrant hexagonal phase, which occurs at $c \ge 0.85$, an intermediate phase forms at the H_{II} - L_{α} phase transition. The range of existence of this intermediate phase depends on concentration, being more stable at low hydration. It is interesting to note that the transition to the L_{β}



FIG. 7. Typical best fit curves obtained by fitting to Eq. (8) the hexagonal $H_{\rm II}$ unit cell data. The corresponding χ^2 are 0.12 (0.1 MPa) (0.09, if data referring to the reentrant hexagonal phase are also considered in the fitting procedure; see the inset), 0.14 (20 MPa), and 0.18 (30 MPa). Experimental pressures are indicated in each frame.

phase is found only above 210 MPa for all concentrations, suggesting a low stability of the DOPE liquid conformation against pressure (in monoolein, the transition to the gel phase was detected at pressures higher than 400 MPa [10]).

The main molecular results are reported in Figs. 5-9. As can be deduced from the pressure dependence of the lipid length and of the area per molecule at the lipid-water interface, pressure increases the chain order parameter. Then, under compression, the basic geometrical shape of the DOPE molecule changes continuously from wedgelike to cylinderlike. In the hexagonal phase, this leads to a progressive decrease of the lipid layer curvature and to an enlargement of the unit cell. After the $H_{\rm II}$ - L_{α} phase transition, the DOPE assumes a cylindrical shape: however, the unit cell still enlarges as a function of pressure because the chain order parameter still increases. The decrease of the cross-sectional area at the lipid-water interface also means that pressure induces a reduction of the exposed polar surfaces. According to the axiom that volume changes govern the behavior of any system under pressure, it is worthwhile to note that a reduced



FIG. 8. Upper frame: pressure dependence of the molecular area at pivotal plane, S_n , in the DOPE hexagonal $H_{\rm II}$ phase. Lower frame: concentration dependence of the radial distance from the pivotal surface to the center of the water channel, R_n , determined in the DOPE hexagonal $H_{\rm II}$ phase at three different pressures, as indicated.

hydration of polar surfaces makes a negative contribution to the total sample volume [5]. Therefore, the reduced hydration level could be the primary effect that determines the observed structural behavior.

Because the stability of the different phases is controlled by a balance of competing different energetic contributions, it can be interesting to analyze the energetics of the DOPEwater system under pressure. In particular, the changes in free energy of a sample at concentration c can be derived by considering the work produced by isothermal compression. The compression work per lipid molecule is directly obtained by numerical integration of the pressure over the total sample volume V_{tot} . By definition,

$$\Delta g_{\rm comp} = g(P,c) - g_0(c) = -b \int P \, dV_{\rm tot} \tag{10}$$

where *P* is the external pressure and *b* is a normalization factor ($b = \mathcal{M}/cN_A$, \mathcal{M} being the DOPE molecular weight and N_A Avogadro's number). The volume variation is immediately obtained from the sample composition and the specific volumes of water and DOPE [$V_{\text{tot}} = c\nu_{\text{lip}} + (1 - c)\nu_{\text{wat}}$]. The results of the calculation are shown in Fig. 10, where the changes in free energy per unit area ($\Delta g^* = \Delta g_{\text{comp}}/S_{\text{lip}}$), determined at different concentrations and in both the hexagonal and lamellar phases, are reported as a



FIG. 9. (Color) Scaled representation of the structural elements in the DOPE hexagonal $H_{\rm II}$ phase at different pressures and concentrations: outer and inner circles represent the section of the equivalent cylinder where the methyl terminal groups are located and the section of the water cylinder, respectively; the position of the pivotal plane is represented by pale colors. The section of the wedge-like DOPE molecule is also represented.

function of the DOPE cross-sectional area. Note that in the hexagonal phase Δg^* is defined at the pivotal surface $(S_{\text{lip}} = S_n)$.

Changes in the molecular volume of both DOPE and water reflect on changes in structural properties and energetics of the whole system. In a first approximation, the calculated free energy can be analyzed considering a simple model, which describes the energy of the hexagonal and lamellar phases in terms of various elastic contributions, namely, a lateral expansion (or compression) g_s and a curvature g_{curv} term [27–30]:

$$g_{\rm el} = g_S + g_{\rm curv}, \tag{11}$$

where g_{el} is the elastic energy. The lateral expansion contribution is generally assumed to be much larger than the curvature term, i.e., deformations involving stretching are expected to be more costly energetically than those involving bending.

The energetic cost to expand (or contract) a hydrated lipid monolayer from its equilibrium area is given by [28,29]

$$\Delta g_s = \frac{1}{2} k_s \left(\frac{S_{\text{lip}}}{S_0} - 1 \right)^2, \tag{12}$$



FIG. 10. Changes in free energy per unit area, calculated at different concentrations using Eq. (10), as a function of DOPE cross-sectional area. In particular, in the lamellar L_{α} phase $\Delta g^* = \Delta g_{\text{comp}}/S_{\text{lip}}$ is reported versus S_{lip} , while in the hexagonal H_{II} phase $\Delta g^* = \Delta g_{\text{comp}}/S_n$ is reported versus S_n .

where k_s is the lateral compression modulus, and S_0 is the optimum area per molecule at the water/lipid interface that minimizes the sum of the head-group and chain contributions to the free energy. According to [29], the k_s can be directly obtained from the second derivative of the free energy function with respect to the area per molecule:

$$k_{S} = S_{\rm lip} \frac{d^{2} \Delta g_{\rm comp}}{dS_{\rm lip}^{2}}.$$
 (13)

Typical values for k_s are around 0.1 N m⁻¹ [29]. The isothermal lateral compression moduli calculated in the present case as a function of pressure by Eq. (13) are reported in Fig. 11 (note that in the hexagonal phase k_s has been calculated at the pivotal surface $S_{lip}=S_n$). It is noteworthy that k_s shows a constant value up to moderate pressures, while it strongly increases at higher pressures; in particular, the cost for lateral



FIG. 11. Pressure dependence of the lateral compression modulus calculated at different concentrations. The inset shows the dependence at low pressure.

compression appears very large after the formation of the lamellar phase, suggesting that the DOPE repulsion is very strong as long as the whole lipid shape becomes cylindrical.

The energetic cost of bending a hydrated lipid monolayer is described to first approximation by the quadratic function [27,30]

$$\Delta g_{\rm curv} = \frac{1}{2} k_c \left(\frac{1}{R} - \frac{1}{R_0} \right)^2,\tag{14}$$

which gives the energy (per unit area) of bending a surface from a minimum radius R_0 (the radius of spontaneous, intrinsic curvature of the lipid in an unstressed state) to a radius R against a bending (rigidity) modulus k_c . Accordingly, the flattening of a hexagonal-phase monolayer into a planar bilayer conformation increases the associated free energy by $k_c/(2R_0^2)$, even if other contributions are expected to be involved in the hexagonal-to-lamellar phase transition [14,31]. In the case of DOPE, the energy gain associated with the removal of interstices (the so-called interstitial energy) has indeed been observed to critically determine the temperature at which the hexagonal-to-lamellar phase transition occurs and the temperature range of the reentrant transition [31].

It should be noticed that the area per molecule and the radius of curvature in Eqs. (12) and (14) can be conveniently defined by considering the pivotal position [see Eq. (8)]: by definition, the elastic energy calculated at such a surface involves only the energy of bending the hydrated DOPE monolayer to a different radius [13]. Our data indicate the presence of a pivotal surface in the hexagonal phase at each pressure considered (see Fig. 7). Therefore, Eq. (14) can be used to account for free energy changes during DOPE dehydration at constant pressure and to evaluate the propensity of the DOPE-water system to form a lamellar rather then a hexagonal phase. On the other hand, changes in the pivot surface characteristics have been observed during compression (see Fig. 8), so that the pressure dependence of the DOPE free energy needs to be described considering both the lateral expansion (compression) and curvature energy contributions.

The free energy changes of the hydrated DOPE layer in the hexagonal phase were then analyzed as follows. First, we calculated as a function of concentration the values at atmospheric pressure of the integration constant $g_0(c)$ in Eq. (10). At the pivotal surface, the $g_0(c)$ corresponds to the bending energy, which can be determined by Eq. (14) using R_0 = 3.5 nm and $k_c = 0.3 \times 10^{-15} \text{ Jm}^{-2}$ as reported by Rand and co-workers [13], and assuming the free energy in fully hydrated conditions equal to zero. Second, the $g_0(c)$ values were used to scale the free energy curves obtained by Eq. (10). The scaled g(P,c) values, interpolated at some selected pressures, are shown in Fig. 12 as a function of the curvature of the pivotal surface (which in turn depends on concentration and pressure; see Fig. 8). Confirming that deformations involving stretching are more costly energetically than those involving bending, the free energy changes induced by pressure at constant concentration (see the dashed lines in Fig. 12) are larger than those observed at constant pressure as a function of concentration (see the continuous lines in the



FIG. 12. Variation of the elastic free energies with the curvature of the pivotal surface in the DOPE hexagonal $H_{\rm II}$ phase. Filled and open symbols refer to scaled and unscaled energies determined at the different indicated pressures, as reported in the text. Free energies at ambient pressure, calculated as a function of concentration using Eq. (14) with R_0 =3.5 nm and k_c =3×10⁻¹⁵ J m⁻² [13], are indicated by cross symbols. Continuous lines are best fit curves obtained by fitting Eq. (14) to the scaled energies at each constant pressure; dashed lines join data at the same concentration. Note that the curvature of the pivotal surface increases when both pressure and DOPE concentration increase (from bottom to top and from left to right, respectively).

same figure). Third, the quadratic form of the bending energy [Eq. (14)] was used to fit the free energy data at each (constant) pressure. The fitting parameters k_c and $H_{n,0}$ (the spontaneous curvature of the pivotal surface) are reported as a function of pressure in Fig. 13. It is evident that the bending rigidity decreases with increasing pressure, suggesting that the DOPE chain repulsion becomes weaker as the order parameter increases. Moreover, the spontaneous curvature becomes less negative, i.e., the monolayer tends to bend less toward the water medium, indicating that under compression the torque associated with chain repulsion is less efficient in balancing the torque of head-group repulsion. This result confirms the data on lateral compressibility reported in Fig. 6, which show that, at all concentrations, pressure is more effective in reducing the lateral cross section of the lipid near its terminal methyl group than it is at the water/lipid interface. Note also that in excess of water the $H_{\rm II}$ phase is expected to assume a curvature close to the intrinsic curvature [13,14,26,31], thereby explaining the increase in the lattice constant detected by compressing DOPE samples in excess water [3].

Using the fitted k_c and $H_{n,0}$ parameters, the free energy cost to unbend at constant pressure the lipid monolayer to flat was also calculated. The results are reported in Fig. 14: considering the free energy data reported in Fig. 10, it appears that the reduction of the negative spontaneous curvature is a sufficient condition for thermodynamic preference of the lamellar over the hexagonal phase, which in fact forms under compression. However, the situation is more complicated, in particular when the appearance of the reentrant hexagonal phase is considered: according to [31], it might be



FIG. 13. Pressure dependence of k_c and H_0 parameters obtained by fitting DOPE scaled free energies at each constant pressure by Eq. (14) (see Fig. 12). Lines are only guides to the eye.

suggested that the interstitial energy should play an important role in defining the concentration and pressure range of the transitions. Note also that the analyzed free energy changes were calculated by volume compression [Eq. (10)], and thus also includes the compression energy of water: therefore, the model used could not be fully adequate to describe the energetics of the system. This point merits further investigation.

The occurrence of the intermediate phase in the less hydrated samples should also be noted. It has already been suggested that the lamellar-to-nonlamellar phase transition occurs through key structures, which can be crucial in understanding the membrane fusion mechanism [18,19,32]. In particular, there has long been speculation about the intermediate state between the L_{α} and the $H_{\rm II}$ phases [19], and the widely used model for membrane fusion suggests that there is an intermediate state in which the two contacting monolayers become continuous via an hourglass-shaped structure called a stalk. Very recently, a structure similar to the postulated model was observed on a hydrated lipid system which has a negative spontaneous curvature [18]. In the present



FIG. 14. Pressure dependence of the energy cost to unbend the DOPE monolayer to flatness $[\Delta g_{unb} = k_c / (2R_0^2)]$.

case, we observe that pressure modifies the DOPE spontaneous curvature and then a stalk structure could occur in less hydrated conditions. Nevertheless, it should also be observed that a bicontinuous cubic phase (probably of Pn3m symmetry) has been detected forming as an intermediate between the L_{α} and the $H_{\rm II}$ phases in excess water conditions, even if large kinetic barriers (i.e., slow rate of formation) have been invoked to account for the formation of this phase only in metastable conditions (i.e., thermally cycling DOPE across the L_{α} - H_{II} phases at ambient pressure [33], or waiting for a long time under such extreme conditions as 80 °C and 175 MPa for more than 1 day [7]). Therefore, the present results might indicate that in dehydrating conditions compression speeds up the kinetics, perhaps by promoting the formation of defects that can nucleate a cubic phase [32,33]. If this is the case, it should be noticed that the cubic phase occurring at the L_{α} - $H_{\rm II}$ phase transition depends on the hydration level: an Ia3d structure has never been observed as an equilibrium excess water phase for any single-component system [9].

In conclusion, this work shows that an appropriate understanding of the stability and transformation of lipid phases can be obtained by analyzing the relationship between the lipid molecular structure and a few thermodynamic parameters when pressure and concentration vary. It is evident that the present analysis is not exhaustive (in particular, the intermediate phase needs to be analyzed in detail), but the reported experimental data could help to disentangle different free energy contributions in further theoretical approaches.

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